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Sex From Scratch: Making Your Own Relationship Rules



Synopsis

With nearly 50 percent of marriages ending in divorce, a growing percentage of women over age 40 choosing not to have children, and more than 3 percent of the population identifying as LGBT, modern life is clearly in need of some modern relationship advice. *Sex from Scratch* analyzes the facets of contemporary relationships through the struggles, opinions, and experiences of a diverse group of individuals living in nontraditional relationships. Rather than telling listeners how to snag partners and find true love, it gleans real-life knowledge from people of all sexualities and genders--from individuals trying to make open relationships work to those who have opted against having children--distilling their hard-earned wisdom. Contributions from Andi Zeisler, Stu Rasmussen, Betty Dodson, and others make this love and dating guidebook an essential, fun, and insightful resource for anyone in any type of relationship.

Book Information

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Best Sellers Rank: #34 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality #285 in Books > Self-Help > Relationships > Dating #399 in Books > Politics & Social Sciences > Social Sciences > Gender Studies > General

Customer Reviews

First off, this book includes an awesome collection of interviews. I was particularly excited for to see contributions from three great sex educators, Tristan Taormino, Wendy-O Matik, and Betty Dodson, and awesome comic artist Erika Moen. The book is broken into seven chapters. Each of these chapters contains practical advice for navigating relationships. Most of these chapters also challenge the view that relationships should all progress in the same direction, towards an exclusive permanent marriage with children. *Loving Being Single* suggests that you don't need to be in a relationship to be happy. *Navigating Non-Monogamy* tackles the idea that exclusivity is always preferable. *Staying Childless by Choice* takes on the pressure for everyone to have kids. On Never

Getting Married discusses the reasons for not forming a legal union. And Knowing When To Split faces how sometimes ending a relationship is the best option. Two chapters are a bit different. Building Feminist Relationships and Gender is Messy contend with gender roles and gender identity, and look for positive ways to take on gender issues to build positive relationships. We need more books like this. We need more books that acknowledge that one kind of relationship doesn't work for everyone, and that people can define relationships on their own terms. And we just need more books that talk about non-monogamy, not getting married, and not having kids. We need more books that incorporate feminism into advice for daily life too. We need more books that examine how to have positive, progressive relationships. We need more books that challenge how we conduct intimate relationships in critical ways. And we need more books that do all that with honesty, sincerity, and humor.

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